

YWCA TORONTO

GIRLS' CENTRE

FOR GIRLS AND GENDER DIVERSE YOUTH

September–December 2026 Programming

ALL PROGRAMS ARE

FREE

SNACKS & PRESTO FARE PROVIDED

FUTURE TECH LEADERS

Mondays • 4:30-6:30p.m.

Starting September 28, 2026 • Ages 13-18

This hands-on program is designed to provide digital skills training to girls and gender diverse youth aged 13-18, equipping participants with practical skills, confidence, and knowledge needed to engage with technology in ways that reflect their interests and goals. Participants will connect with STEM mentors, technology professionals, and industry role models to explore post-secondary education, career pathways, and opportunities in the digital economy. Youth will also strengthen their digital resilience through training in cyber safety, online privacy, responsible technology use, and artificial intelligence, supporting safe and informed participation in online spaces. Participants will also gain volunteer hours. **To register, please contact Andrea Bruner at abruner@ywcatoronto.org or Doreen Pandha at dpandha@ywcatoronto.org.**

SKATE FORWARD

Thursdays • 4:30-8p.m.

Starting October 15, 2026 • Ages 9-18

Join League of Girls Hockey through this once-a-week hockey program at McGregor Park Community Centre for girls and gender diverse youth ages 9 to 18. This program is offered in five-week sessions designed to make hockey feel accessible, social and fun – without the pressure of traditional pathways. Welcoming beginners and experienced players alike, the program builds skills, confidence and connection in a supportive environment. With no tryouts, equipment provided as needed in collaboration with Bauer Hockey, and an all-female coaching staff, every participant can feel welcome, supported and excited to play. Transportation to and from the YWCA Toronto Girls' Centre and McGregor Park Community Centre will be provided. **To register, please contact Doreen Pandha at dpandha@ywcatoronto.org or Andrea Bruner at abruner@ywcatoronto.org.**

DROP-IN

Tuesdays • 4-6p.m.

Starting September 22, 2026 • Ages 9-13

A Girls' Centre favourite! Our Drop-In Program offers a safe space for girls and gender diverse youth to connect with each other. Come join us for a movie/game night, dinner and snacks, and expand your community network! **To register, please contact Dunia Azzara at dazzara@ywcatoronto.org or Monica Lin at mlin@ywcatoronto.org.**

TD PROGRAM

Tuesdays • 4:30-5:30p.m.

Starting September 22, 2026 • Grades 11 & 12

Join TD Talent Lab through this VIRTUAL program for girls and gender diverse youth in grades 11 and 12. This program will help participants to strengthen their financial knowledge, explore careers in financial services and discover what's possible for their future. Meeting one Tuesday a month, the program gives participants the opportunity to build practical skills and confidence while connecting with TD professionals through mentorship and networking. Along the way, participants will gain valuable insights, ask questions, build meaningful connections and earn volunteer hours to support their personal and professional growth. **To register, please contact Doreen Pandha at dpandha@ywcatoronto.org.**

GIRLS' COUNCIL

Wednesdays • 4:30-6:30p.m.

Starting September 23, 2026 • Ages 14-18

Girls' Council is a group of dedicated young women, girls and gender diverse youth leaders who want to develop and/or enhance leadership skills, participate in civic engagement and be involved with community events and future youth programming. Council members will gain volunteer hours and valuable experience to support their scholarship applications and resumes! **To register, please contact Dunia Azzara at dazzara@ywcatoronto.org or Monica Lin at mlin@ywcatoronto.org.**



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